

DIVISION OF UROLOGY

Hartford | Farmington | Glastonbury | Fairfield | Danbury

Instructions For Your Uroflow Test

A Uroflow is a test that is used to evaluate how the bladder empties urine by examining how fast the urine comes out, the amount of urine that is expelled, and the total time of urination. To get the best results, your child must arrive to the hospital with full bladder.

In order to accomplish this:

- Do not allow your child to urinate/pee for 2 hours prior to the Uroflow appointment.
- Have your child start drinking 16 ounces of water (a regular water bottle) 2 hours prior to the appointment and finish drinking the 16 ounces 30 minutes before the start of the appointment.
- **Do not** drink the entire water bottle at once, drink it over a period of 90 minutes.
 - For example: Appointment is at 2:00 p.m., use bathroom at noon the latest, start drinking water at noon, and finish drinking at 1:30 p.m.