

## CLINIC FOR VARIATIONS OF SEX DEVELOPMENT

Connecticut Children's is dedicated to improving the quality of life for children of all ages with variations of sexual development. While these conditions exist on a spectrum, specific diagnoses include:

- Congenital Adrenal Hyperplasia
- Androgen Insensitivity Syndrome
- Gonadal Dysgenesis

The Clinic for Variations of Sex Development at the Connecticut Children's started out around 2008 under the term GUPPE (Genetics Urology Psychology Psychiatry and Endocrinology) reflecting a multidisciplinary program with each specialty providing their individual expertise.

In 2011 we evolved further into a truly interdisciplinary model with visits where the patient and family meet jointly with a pediatric endocrinologist, a pediatric urologist and a family support provider. We build upon upon each other's experience to achieve a common shared goal of providing comprehensive compassionate care to infants, children, adolescents and their families. Our joint patient visits enable better coordination of care and allow for open, clear and consistent communication.

We provide personalized care that includes honest discussions of the risks and benefits of all approaches (surgical as well as non surgical including observation).

By providing ongoing age appropriate education, we empower patients to be involved in the decision making process.

We emphasize that these conditions are variations in sex development along a spectrum, rather than disorders.

We aim to improve physical wellbeing, but we also provide psychological support to these children and their families.

We consult with our geneticists, plastic surgeon, adolescent gynecologist and fertility specialists as needed.



## LOCATION

Connecticut Children's, Department of Urology – 2J 282 Washington Street, Hartford, CT 06106

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Referral to GUPPE Clinic in Department of Urology via CT Children's One Call Access Center

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## **OUR TEAM**



Medical Co-Director – Clinic for Variations of Sex Development, Connecticut Children's Endocrinologist – Department of Pediatric Endocrinology, Connecticut Children's Endocrinologist – Department of Adult Endocrinology, Hartford Healthcare Medical Group Assistant Clinical Professor – UConn



Anne Dudley, MD Co-Director – Clinic for Variations of Sex Development, Connecticut Children's Pediatric Urologist – Department of Urology, Connecticut Children's Assistant Professor - Urology, **UConn School of Medicine** 



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